THE LINCOLN METCO

METCU SIREN

Asian Americans-East, South Asian & Southeast Asian & Pacific Islanders have played a crucial role in helping to build as well as to shape history here in the United States of America.

The month of May was designated to commemorate AAPI referencing two key dates: May 7 & May 10.

May 7, 1843 marks the arrival of the first Japanese immigrants to the U.S. May 10, 1869 or Golden Spike Day, recognizes the completion of the first transcontinental railroad in the U.S. which had significant contributions from Chinese workers.

"The month is a time to speak out, share stories and debunk myths about Asian communities... But it's not the only time to celebrate Asian culture or diversity"

-Cynthia Choi



The Asian American the Pacific Islander community are strangers to racism and discrimination. Since the Onset of the Covid-19 pandemic racism violence against community is increasing. Day after day we reading about acts physical attacks, verbal harassment and violence carried out on innocent people. How can we all be better allies?! Start here:

- 1. Check in with AAPI friends & community members and offer an ear to listen or support.
- 2. Learn to be an upstander! When you witness someone being targeted, stand up with them.
- 3. Share stories and repost news and resources on social media to raise awareness about anti-AAPI racism and discrimination.

MORE AAPI RESOURCES:

6 ways to become an ally to the Asian American & Pacific Islander community:

https://www.safehorizon.org/stories/how-to-become-aapi-community-ally

Asian American & Pacific Islander Heritage Month (gov):

https://asianpacificheritage.gov/

Federal Asian Pacific American Council
""Advancing Leaders Through Collaboration May 2022:"

https://fapac.org/AAPI-Resources

Talking to kids about violence

Again, as we mourn the loss of so many in Buffalo, Ny & California this past week we are again reminded that we need to Educate ourselves and keep our futures in mind.

Many of our scholars have witnessed or have been subject to hearing about random & targeted acts of violence against people of color at much higher rates from social media platforms and their peers. It is important to meet our scholars where they are at, and be a credible source of information for them as we seek to keep them safe & age appropriately well informed. Here are some tips from the National Association of School Psychologists for facilitating these conversations:

https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-safety-and-crisis/school-violence-resources/talking-to-children-about-violence-tips-for-parents-and-teachers



Student Spotlight Moses S (8)

May 6, 2022

We are so pleased to have been on hand at the documentary screening of:

Mattapan: A DOCUMENTARY ABOUT OUR HOME, CREATED BY OUR TEENS

Moses (8) was the Executive Director of the very impressive body of work that he lead his peers in. LPS alumni King David (9) was one of 4 narrators of the masterful piece.

Check it out here:

https://youtu.be/w6qRQVxxENc

Photo Left to Right:

Ms. Reynolds, Ms. Hamilton, Executive Dir. Moses S. (8), Mr. B, King David S. (9)

Share a photo opportunity at the documentary debut.



Moses is going to be one of those kids where we talk about how we knew him when...



Ms. Nancy Peck

Meet the Step Team:

Coaches:

Ms. Marika S. Hamilton - Lincoln Ms. Sherra Kearse - Hanscom Ms. Veronica Thompson - Lincoln

Taniyah D. (2) HPS
Keyanna D. (6) HMS
Ray V-D. (5) HMS
Lizzy S. (5) HMS
Dylan J. (5) HMS
Charlie B. (5) HMS
Madison G. (5) HMS
Addison R. (5) HMS
Jasmine C. (5) HMS
Myra Y. (6) HMS
Trinity B-A. (6) HMS

Treasure J. (1) LPS
Mayah S. (3) LPS
Bisola O. (4) LPS
Jaiden B. (6) LMS
Leah J. (7) LMS
Layan I. (4) LPS
Amarah H. (4) LPS
Nyah G. (3) LPS
Harper H. (4) LPS
Catrina S. (4) LPS
Riza M. (3) LPS
Lamar I. (2) LPS
Gbemisola O. (5) LMS

Come see us live!

LGBTQ & Pride Community Celebration 6/8/22 @ 1:30pm!

&

LMPB Juneteenth Celebration 6/12/2022 @ 1pm!

Notes 'N Nature Concert

NOTES 'N NATURE CONCERT Join us to see our young musicians play for a live audience!

WHEN: Wednesday, June 1, 6:00PM

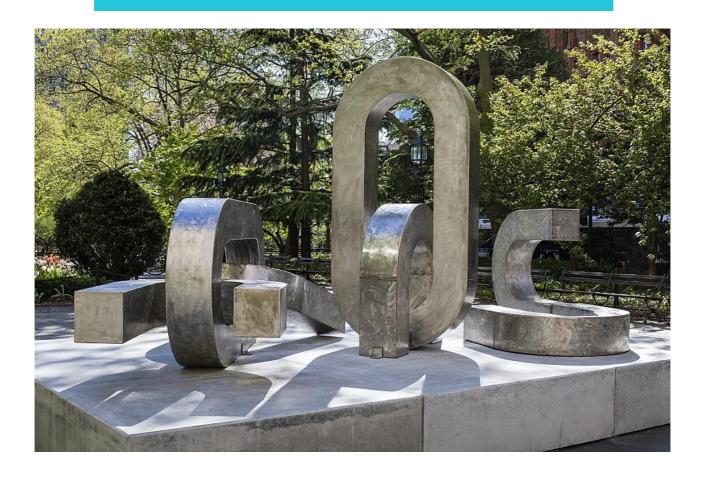
WHERE: Codman Field (near the pool, bottom of hill)
(if it rains, it will be in the Auditorium;
questionable weather decision will be called by 1:00pm that day.)

WHAT: Bring your supper, bug spray, sun block, blanket, folding chair, friends and family and enjoy some notes in nature!

*Order is subject to change, if necessary. Times are not exact. Flexibility is key.

6:00 Flutes, grade 6 **6:05** Band 6:15 Trombones, 5&6 6:20 Piano Solo, Rahul Rani 6:25 Hanscom Brass 6:30 Flutes, grade 5 6:35 Chorus 6:40 Silver Strings 6:45 Violin Solo, Maeve Hussey 6:50 Clarinets & Saxes, 5&6 7:00: Violin & Cellos, 5&6 7:10 **Orchestra** 7:20 Percussion 7:25 7:25 **Trumpets** 7:30 **Cantabile Chamber Ensemble** Lincoln School Jazz BandAdd heading 7:40





Sunday, June 5, 2022 11:00am - 2:00pm

Welcoming all Town of Lincoln residents, students and employees are invited to a special open house at deCordova Sculpture Park and Museum.

deCordova Sculpture Park and Museum

51 Sandy Pond Road, Lincoln

Join deCordova in celebrating new additions to its Sculpture Park, including Melvin Edwards:
Brighter Days and Prowse by Rosemary Laing. Throughout the afternoon, deCordova's
curatorial team will also offer guided tours exploring Brighter Days, a focused look at Edwards'
accomplishments in large-scale sculpture and public art through six sculptures from 1970 to
today. Learn more about Brighter Days and Prowse.

Enjoy Sculpture Park tours, and complimentary treats from Twisted Tree Café at deCordova.

No RSVP required.

LINCOLN PUBLIC SCHOOLS'
SAGA
SEXUALITY & GENDER ALLIANCE
INVITES YOU TO

LGBTQ+ PRIDE COMMUNITY CELEBRATION

June 8 1:30-4

THE
PIERCE
HOUSE

Food & Drinks
Dunk Tank
Games
Music
Giveaways
Ice Cream Truck
*cash-only
& More!

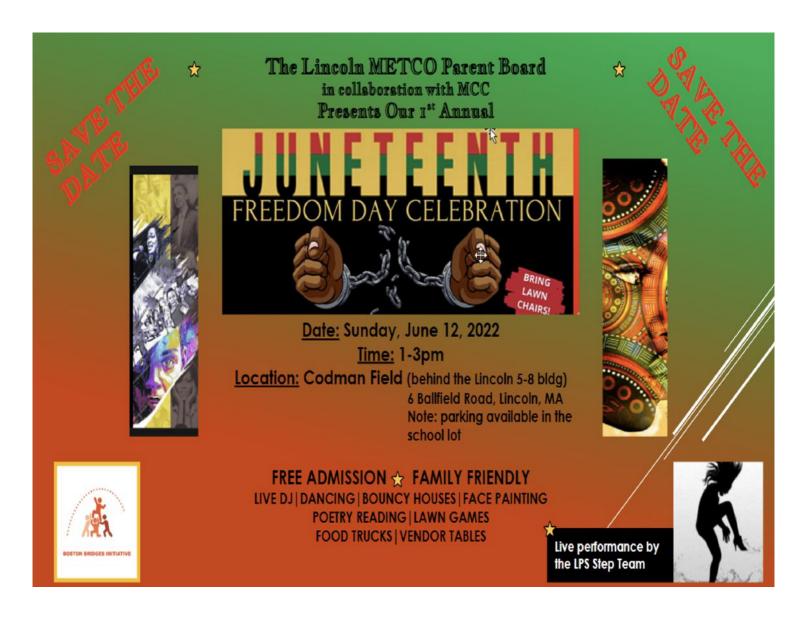


All ARE
WELCOME!



Guest Speaker Raffles *cash/check Local Organizations STEP performance

Questions: Alyssa Rosenfeld. arosenfeld@lincnet.org. 781-259-9400





What Parents & Cargivers Need to Know About Discord...

"In the COVID era, kids are finding new ways to stay in touch with friends via technology. One of the apps that has gained popularity recently is Discord, the text, voice and video sharing platform. Originally developed as a way for video gamers to communicate in real-time while gaming, the platform has grown to more than 100 million monthly active users who log more than 4 billion minutes of conversation every day. Here's what every parent should know about how the popular platform works.

What is Discord and how does it work?

Think of Discord like a combination of Slack and Skype. It features groups called "servers" organized by topic (like channels on Slack), and you can chat using video, voice or text. Discord is designed to help video game players find each other, coordinate and communicate while playing their favorite games online. Users can join servers that focus on specific topics—and these topics vary widely: from games, like Fortnite or Roblox, to general interests like science, music, second languages or coding. Some servers are invite-only, while others are open to the public. After signing up for Discord, users can join servers that others have made, or create their own.

Is Discord safe for kids?

Discord is popular among kids because it's an easy-to-use chat app, but there are always risks involved with an open platform. According to their Terms of Service, Discord is a 13+ platform. Common Sense Media says the safest way to use Discord is for kids to stick to private servers where they know all the members and only accept friend requests from people they know.

Some safety settings to consider:

You can adjust your settings to restrict incoming friend requests to friends of friends, or turn them off entirely You can adjust your settings so that only people in your friends list can send DMs

You can enable a filter that scans DMs for inappropriate content

When you create an account, the default settings are open, so they need to be adjusted. And, there is no way to permanently lock the settings, so kids could potentially change them without parents' knowledge.

Are there risks to using Discord?

While there has been one case of a serious crime against a teen and the discovery of human trafficking ring related to Discord, these appear to be isolated incidents. The greatest risk for kids on Discord is likely exposure to adult content or cyberbullying. Most servers are still centered on gaming and many of those games contain violence and mature themes. Many servers can be heavy on explicit content: according to this Wall Street Journal article, "racial slurs, sexist comments, politically incorrect memes and game-shaming" are common occurrences. Some servers are specifically designated as 18+, but all you have to do to join them is click a button saying you're 18 or older. The platform does not moderate content, and only reviews something when users report it. All open platforms come with risks, so it's important to talk with your kids about what to watch out for.

Is Discord right for you and your family?

Kids are seeking more ways to keep in touch and enjoy downtime with their friends during the pandemic. As an open platform, Discord comes with some risks, especially for younger users. Parents are well-advised to take the 13+ age restriction seriously, and ensure kids are prepared to deal with adult content and potential contact with strangers before they sign on. And if kids are already using Discord, ensuring the tightest-possible privacy and safety settings is a good idea to keep them as safe as possible."

—Kinzoo Blog.com

Any additional questions, comments or ideas on how we can enhance you and your scholar's LPS experience? Please let us know: siren@lincnet.org